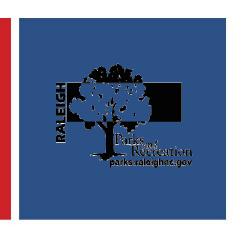
# Fitness Fun At Chavis







## Looking for a GREAT workout for HALF the usual price? Join us for some fitness fun!

### Zumba with Kelli

#### The Concept

Zumba Fitness® is the only Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award-winning producers, and contagious steps to form a "fitness-party" that is downright addictive.

Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! There's no other fitness class like a Zumba Fitness-Party. It's easy to do, effective and totally exhilarating, often building a deep-rooted community among returning students.

#### The Instructor

Instructor Kelli Cheatham has been passionate about dance for a long time. She discovered the power of Zumba in 2008, ever since then she's had a desire to teach class and share her excitement with the community. She began teaching upon graduation from UNC-CH the summer of 2009.

#### How is Zumba with Kelli Different?

Classic Zumba remixed with current Hip Hop and Techno moves and tunes Weekly class emails Class request songs and themes

> Session I 6:30pm – 7:15pm Thursdays #106411 Jan 6-27 #106412 Feb 3-24 #106413 Mar 3-24

Session II 7:30pm – 8:15pm Thursdays #106414 Jan 6-27 #106415 Feb 3-24 #106416 Mar 3-24

> Age 18Y. & Up Class Fee \$20